

ENG 301

Final Revision Booklet

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CLASS
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2018

Module 1

IDENTITY

Reading1: *Read the following biography about Wilma Rudolph and then answer the questions that follow.*

A Woman in History

Olympic athletes spend hours training, starting at an early age. Many athletes are strong and excellent in their sport but never make it to the Olympics. Those who do make it to the Olympic Games often do not win medals. And this is one of the top athletes of the world.

Wilma Rudolph not only made it to the Olympics, but she won three gold medals as well. Think that was amazing? Wait until you read the rest of the story! Wilma Rudolph was born on June 23, 1940, in St. Bethlehem, Tennessee. She came from a very big family. There were 22 children in her family and she was the 20th. The family moved to Clarksville, Tennessee and that is where Wilma grew up. When Wilma was young she had polio and scarlet fever. In 1947, her mother took her to Nashville's Meharry Medical College, a hospital for blacks, 50 miles from their home twice a week. Because of the expense and difficulty of obtaining professional medical care, Wilma's mother usually treated her ailing child at home. The polio left her without the use of one of her legs. Her large family helped her by massaging her leg every day. She needed to wear braces to walk. Eventually she was able to walk with a special shoe. After about three years she didn't need the special shoe anymore. In high school, Wilma played basketball and ran track. She broke all the state basketball records and won all her track meets.

Wilma went to Tennessee State University and started training for the Olympics. In July of 1960, Wilma went to the Olympics in Rome, Italy. She won three gold medals and was called the “World’s Fastest Woman”. The Italians nicknamed her “la gazzella nera” (the Black Gazelle); to the French she was “La Perle Noire” (The Black Pearl). She was later named Female Athlete of the year. Wilma became a coach, an athletic consultant and director in Chicago, Illinois.

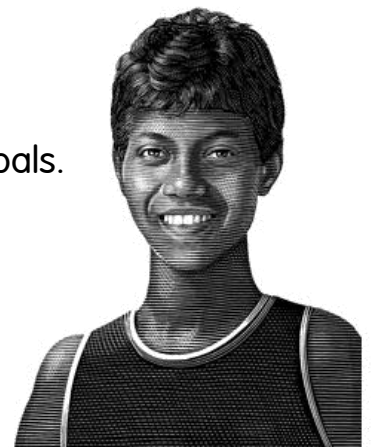
In July of 1994, shortly after her mother’s death, Wilma Rudolph was **diagnosed** with brain and throat cancer. On November 12, 1994, Wilma Rudolph aged 54, died in her home in Brentwood, Tennessee of brain cancer. At the time of her death, she had four children, eight grandchildren, and over 100 nieces and nephews. Wilma will be remembered for her courage as a young child **overcoming** her illness, and for her athletic, and her dedication to teaching her goals.

A. Complete the table with details from the text.

<i>Date of Birth</i>	
<i>Place of Birth</i>	
<i>Where grew up</i>	
<i>Number of medals won</i>	
<i>Cause of Death</i>	

B. What is the main idea of the article? Choose a, b or c

- A. Wilma Rudolph was ill as a child.
- B. Wilma Rudolph was courageous and reached her goals.
- C. Wilma Rudolph was a basketball player.



C. Answer these questions.

1. Why did Wilma's mother have to treat her daughter at home?

.....
.....

2. What sports did Wilma play in high school?

.....

3. What did the Italians call Wilma?

.....

4. What will she be remembered for? Mention two.

1.....
2.....

D. Match the following words to their definitions. There is one extra definition.

Spend - eventually - diagnose - overcome

<i>Definition</i>	<i>Answers</i>
a. Find about a problem or an illness through medical check up	
b. In the end, especially after a long time	
c. Understand clearly	
d. Pass or use time in doing something	
e. Deal with something successfully	

Written by JSGS Students:

INFORMAL LETTER



Dear Sarah,

Hello! How are you? How is your family? Did you do well in your exams? I've just read your email and now I'm going to tell you all about my country.

Bahrain is an attractive island for tourists with its sandy beaches covering all over the land. Manama is the capital city of Bahrain which is known for its appealing attractions. Manama is the main center for almost everything! Talking about malls and shops. Bahrain's City Center with its huge space is considered as Bahrain's largest shopping center. Housing all famous brands shops simplifying your way to get them all. For instance; Paris Gallery, Gucci, Micheal Kors and many more!

In addition, Bahrain has a wide list for shopping malls that have different locations all over the country. Seef mall is a great one with two locations in both Arad and Seef district. Not forgetting to mention Manama Souq, the main market for all your needs! It is a traditional market that has a mixture of all a person may need such as traditional restaurants, fast-food corners, electronics, clothes and so much more! It's is where modern meets the antique which is extremely stunning! Not forgetting that Bahrain has a variety of restaurants that serve delicious dishes such as traditional dishes. For example: Harees, Balaleet and Emwash. You may also try Italian, Mexican or Asian food.

For fun you can go to Adhari Park. It is Bahrain's largest theme park and you can try the roller coasters and buy some ice cream. In addition to that, Delmon's Lost Paradise is super special and in general it is everyone's favorite. Lost Paradise is a water theme park that contains over 32 different but enjoyable water games. Not only that, but Bahrain has many cinema halls that are considered as the world's best cinemas for the Variety of movie options.

In short, all the things I have previously mentioned and more have brought the economic proliferation of Bahrain. I am totally sure that when you visit Bahrain one day you will never get bored.

Well, I must go now because I have a birthday party that I have to prepare for.

Best wishes,

Zahra

Written by: Zahra Mohsen AlKhabaz, Manar Nader, Zainab S.Abbas, Fatima AlHaddad, Noor Mohammed. (2017)

P.S. please refer to your class work and H.W (writings + worksheets)

Written by JS GS Students

FORMAL LETTER



Dear Sir/Madam,

I am writing this letter with reference to your advertisement in AlAyam newspaper regarding the English summer camp that your organization offers.

I am 17 years old and I live in Manama city, the capital city of Bahrain, in a small house with my parents and sister. I am in 12th grade in Jidhafs Secondary Girls School. I study mathematics and science, in addition to general subjects such as English, Arabic and physical studies. After graduating, I am planning to study English as a foreign language in the University of Brighton in UK. I believe that your program will offer me beneficial skills that cannot be taught in the classroom.

I am fluent in speaking English. I joined a toastmaster club and I was awarded with a certificate of excellence for participation. I am a basketball player and I won in many matches before as I am interested in sports. I joined different leadership programs and became a leader with high leadership qualities as my teachers say. I spend my day with my young sisters to take care of them while my mother is at work. That gave me the opportunity to experience how to deal with children on several situations.

I think joining the camp would develop my understanding of the English language. As well as, giving the experience and skills of university life and teaching me the

culture of UK! And joining the camp will prepare me for the university lifestyle. I am an easy-going and self-confident person. I am also a sociable person who is interested in meeting new people and I like to experience new things.

I would be grateful if you could send me your brochure and more details about the English language summer camp.

Yours faithfully,

Eman



Written by: Zahra Mohsen AlKhabaz, Manar Nader, Zainab S.Abbas, Fatima AlHaddad, Noor Mohammed. (2017)

P.S. please refer to your class work and H.W (writings + worksheets)



Module 2

LAUGHTER



Reading2: Read the following text and then answer the questions that follow.

Editor's Note: A team of University of Maryland School of Medicine researchers, led by Dr. Michael Miller, has recently shown for the first time that laughter is linked to healthy function of blood vessels.

Laughter is the "Best Medicine" for Your Heart

Can a laugh every day keep the heart attack away? Maybe so.

Laughter, along with an active sense of humor, may help protect you against a heart attack, according to a recent study by cardiologists at the University of Maryland Medical Center in Baltimore. The study, which is the first to indicate that laughter may help **prevent** heart disease, found that people with heart disease were 40 percent less likely to laugh in a variety of situations compared to people of the same age without heart disease.

"The old saying that 'laughter is the best medicine,' definitely appears to be true when it comes to protecting your heart," says Michael Miller, M.D., director of the Center for Preventive Cardiology at the University of Maryland Medical Center and associate professor of medicine at the University Of Maryland School Of Medicine. "We don't know yet why laughing protects the heart, but we know that mental stress is associated with impairment of the endothelium, the protective barrier lining our blood vessels. This can cause a series of inflammatory reactions

that lead to fat and cholesterol build-up in the coronary arteries and **ultimately** to a heart attack."

In the study, researchers compared the humor responses of 300 people. Half of the participants had either suffered a heart attack or undergone coronary artery bypass surgery. The other 150 did not have heart disease. One questionnaire had a series of multiple-choice answers to find out how much or how little people laughed in certain situations, and the second one used true or false answers to measure anger and **hostility**.

Miller said that the most **significant** study finding was that "people with heart disease responded less humorously to everyday life situations." They generally laughed less, even in positive situations, and they displayed more anger and hostility.

"The ability to laugh -- either naturally or as learned behavior -- may have important implications in societies such as the U.S. where heart disease remains the number one killer," says Miller. "We know that exercising, not smoking and eating foods low in saturated fat will reduce the risk of heart disease. Perhaps regular, hearty laughter should be added to the list."

Miller says it may be possible to incorporate laughter into our daily activities, just as we do with other heart-healthy activities, such as taking the stairs instead of the elevator. "We could perhaps read something humorous or watch a funny video and try to find ways to take ourselves less seriously," Miller says. "The **recommendation** for a healthy heart may one day be exercise, eat right and laugh a few times a day"

Q1: Decide if these statements are true (✓) or false (x).

1. Laughter protects our hearts against heart attacks. (___).
2. People who have a heart disease do not laugh at all (___).
3. Laughter is a good cure for people with heart disease (___).
4. Stress has a bad effect on the heart's blood vessels (___).
5. Most of the participants in the study had heart surgery (___).
6. People with heart disease are often angry and hostile (___).
7. Many people die because of heart disease in America (___).
8. You should laugh to reduce the risk of heart disease (___).

Q2: Match the words (1-5) with their meanings (a-f). Note there is an extra meaning.

*Prevent ultimately hostility significant
recommendation*

<i>Answer</i>	<i>Meaning</i>
	a. unfriendliness
	b. important
	c. put a stop to
	d. advice/suggestion
	e. in the end
	f. friendly

Written by JSGS Teacher:



A PERSONAL ANECDOTE.

Things might seem to go very well and smooth, however you never know when they might get upside down and ruin your mood entirely.

It was summer vacation when I was almost thirteen. My family decided to travel to Dubai. My siblings and I were very excited! It took us three days to plan and pack our things. The night before the big day we were really exhausted so we slept early. In the morning we woke up on our mom's loud scream, "It is 8 .. it is 8.. Wake up wake up!" we all woke up at once and rushed to the bathroom to get ready since our flight is at 9. In no time, we were all ready. We finally left home but that was not the end of it. We were stuck in the traffic jam for about twenty minutes. At the time we finally entered the airport we heard the last call for our flight. We literally ran through the crowds to reach the counter. My mom was really panicked; she almost fainted.

When my father approached us to take us to the right gate his eyes almost popped out! "Where is Ahmed?" he shouted. My mom, two sisters and I started to search the crowd. We even called his name out but got no response. We froze in our places. Ahmed was only 8 at that time. My father suggested that I stay with him searching for Ahmed while mom and my sisters go to the gate and tell the pilot about the unfortunate incident. After long fifteen minutes we finally saw

him busy playing with some children! My father carried him and we started running to the gates. There was no time for arguing with him. And we all took our seats, at last! We all were sweaty and tired from that long day. Suddenly, we heard our father almost choked from laughing. I asked "What else happened?" he said "I forgot the camera on the counter!"

Anyways, that very long unfortunate day was disastrous. Fortunately, the trip to Dubai was not. We really enjoyed ourselves there. Since then we all learned to set the alarm before going to sleep.

Written by: Mrs. Masooma AlTammar (English Teacher).

P.S. please refer to your class work and H.W (writings + worksheets)

Module 3

NEW FRONTIERS

Reading3: Read the following text and then answer the questions that follow.

Animal Clones: Double Trouble?

Have you ever had a hamburger so good you wished you could eat the same thing all over again? With the way that cloning research is going, you might someday get your wish. The United States government recently decided that it's safe to drink milk and eat meat that comes from cloned animals. The decision has **inflamed** arguments about human health, animal rights, and the difference between right and wrong.

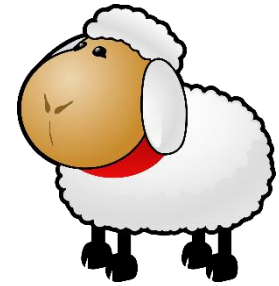
Clones, like **identical** twins, are exact genetic copies of each other. The difference is that twins turn up without scientists' being involved and are born at the same time. Clones are created in the lab and can be born years apart. Already, scientists have cloned 11 kinds of animals, including sheep, cows, pigs, mice, and horses.

As researchers continue to **refine** their techniques and clone even more animals, some people are worried. So far, cloned animals haven't fared well, critics say. Few cloning attempts are successful. The animals that do survive tend to die young.

Cloning raises a variety of issues. Is it a good idea to let people clone a favorite pet? What if cloning could **revive** the dinosaurs? What would happen if scientists ever figure out how to clone people?

Still, research continues. Scientists who study cloning **envision** a limitless supply of disease-resistant livestock, record-setting racehorses, and animals of species that would otherwise have gone extinct. The research is also helping scientists learn more about the basics of development.

Q1: Choose the correct answer.



1. Meat from cloned animals is

- a. harmless
- b. dangerous
- c. delicious

2. Cloned animals are

- a. different in some ways
- b. deformed
- c. impossible to tell apart

3. Scientists are trying to

- a. clone humans
- b. improve their methods and procedures
- c. breathe life into dinosaurs again

4. Scientists predict that the animals they will clone in the future

- a. will be healthy and never fall ill
- b. will be extinct
- c. will all be bigger

Q2: Match the underlined words from the five paragraphs with their meanings .

inflamed *identical* *refine* *revive* *envision*

- a. alike
- b. revitalize
- c. provoked
- d. predict
- e. improve

Written by JS GS Students

AN ARTICLE



Internet has significantly been developed with the proliferation of technology. Many studies have proved that the number of people using Internet has increased by the start of 2016. This subject has some concerns in many researches. This article presents the advantages and disadvantages of the Internet.

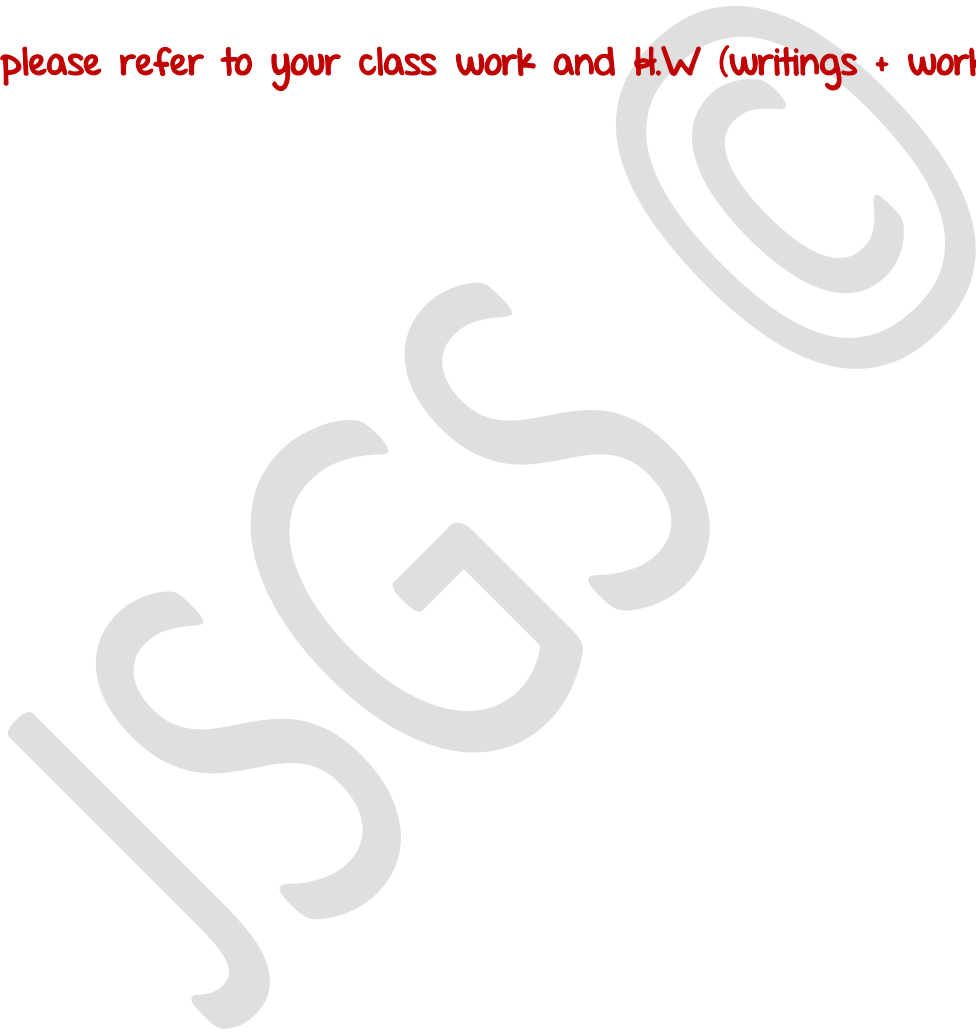
On the one hand, Internet has several positive impacts. First, all kinds of information can be quickly accessed in a verity of sites. Moreover, online education has been easier by providing more online courses and E-books! Therefore, many people have taken advantage of this and learnt more to participate in different fields. In Addition, communication has improved among people which helps to prevent individualism.

On the other hand, there are many negative points for the Internet. First, the control of inappropriate sites is lost so children can access them accidentally or on purpose. Added to this, systems can be hacked and your personal information can be shared publicly. Moreover, gossip is always being spread around. In addition to that, some information might not be accurate nor precise. This fake information is shared wildly because anyone can post whatever they want. Furthermore, the Government and people must be aware of its strong effects to prevent the spreading of untrue news.

To sum up, I think people must control their use of the Internet to protect their social life. However, they must balance the use of the Internet while enjoying its great features.

Written by: Zahra Mohsen Alkhabaz, Manar Nader, Zainab S.Abbas, Fatima Alhaddad, Noor Mohammed. (2017)

P.S. please refer to your class work and H.W (writings + worksheets)



Module 6

GLOBAL ISSUES



Reading4: Read the following text and then answer the questions that follow.

- 1 Being a heavily populated country full of illiterate and semi-literate people, India is one of the poorest countries in the world. It can probably boast of having the largest begging force in the world and it is a challenge to the whole society, even to the whole mankind.
- 5 The government is trying its best to install different industries to meet the problem of begging, which its roots lie in the problem of unemployment and generous nature of average Indians.
- A beggar is a burden on society. Nothing good can be expected of him. He eats and drinks even without doing anything for his country. He marries as other people do.
- 10 Thus, he multiplies the population of the country at a tremendous rate and gives more and more beggars to India. One can see these beggars in groups or pairs at railway stations, at bus stops, and near religious places. It is because begging is an easy occupation for them. Moreover, our religion teaches us to give alms to the needy and the poor, **who** play with the feelings of religious persons and get a part of their
- 15 earnings without doing anything good to them or to the country.
- Many of them are past-masters in the art of begging. They pretend to be blind or dumb or deaf or any other disability. Thus, they stir our emotion and win the sympathy of the common people. Some of them have an understanding with anti-social elements. Such beggars do much harm to the society by kidnapping little children or by smuggling
- 20 drug. Some of them even spy against their own country.

The government, **which** is considered number one in responsibility to solve this social problem, should take strict steps to get this section of society employed in some useful occupation. More industrial units should be installed and thus more employment opportunities should be opened. Not only begging but also giving alms to beggars should be banned by law.

Q1: Answer the following questions:

1) According to the article, how is begging connected to unemployment?

2) Where do beggars normally gather?

3) What does "past-masters:" mean? Explain

4) How can the beggar be dangerous to the society?

5) Does the writer agree or disagree with giving alms (money) to beggars?
How do you know?

Q2: What do the underlined words in the text refer to?

1) **Who** (line 14) -----

2) **Which** (line 21) -----

Written by JS GS Students:



A REPORT

Subject: Air Pollution

Date: 23rd December 2016

Air pollution is a serious problem that our planet earth is facing. It effects our environment badly and poisons the oceans and seas. According to the latest studies, pollution has increased significantly with the transportation and factories development. The aim of this report is to discuss this global issue and suggest some solutions to solve it.

On the one hand, there are many reasons for this problem:

1. Polluted air that is produced from factories and vehicles is increasing the amount of carbon dioxide which is harmful and affects all creatures.
2. Cigarettes smoke is also part of air pollution since the number of smokers has also increased worldwide.
3. Overpopulation around the globe means more poisonous air is being produced everywhere.
4. Toxic air is the main cause for many cancers and lung problems. Also, acid rain is a result of toxic air and is very harmful.

On the other hand, many actions can be taken to solve this issue, for example:

1. People should use more public transportation rather than cars as it helps to reduce the use of fuels.
2. Recycling can help to minimize the fuels burning and reduce the toxic air.
3. Reducing the number of cars in each family and banning cigarettes helps in providing a better environment.
4. Planting more trees and protecting the forests would help improve the weather and keeping our air clean.

To sum up, this is a real problem that we should strongly consider. As individuals, we should take serious actions to solve this problem because we are the main reason for it!

Written by: Zahra Mohsen Alkhabaz, (2017)

P.S. please refer to your class work and H.W (writings + worksheets)



Model Answer

Reading 1:

Date of Birth	June 23, 1940
Place of Birth	Bethlehem, Tennessee
Where grew up	Clarksville, Tennessee
Number of medals won	3 Gold medals
Cause of Death	Brain and throat cancer

B. Wilma Rudolph was courageous and reached her goals.

C. 1- Because of the expense and difficulty of obtaining professional medical care.

2- Basketball and ran track.

3- "La gazzella nera" The black Gazelle.

4- * Her courage as a young child overcoming her illness.

* Her athletic and dedication to teaching her goal.

D.

a. Diagnose

b. Eventually

c. -

d. Spend

e. Overcome

Reading 2:

1. T

2. F

3. T

4. T

5. F

6. T

7. T

8. T

a. Hostility

b. Significant

c. Prevent

d. Recommendation

e. Ultimately

f. -

Reading 3:

Q1

1. A
2. C
3. B
4. A

Q2

- a. Identical
- b. Revive
- c. Inflammation
- d. Envision
- e. Refine

Reading 4:

Q1

1. Unemployment is the root of begging
2. railway station/ bus stop/near religious places
3. Beggars who pretend to be disabled (if not lifted accept any answer which gives the same meaning)
4. They kidnap little children, smuggle drugs or spy against their country.
5. Disagree, because he is asking government to put strict laws to prevent begging. (accept any explanation in the same sense)

Q2

1. The needy and poor
2. The government

All the Best!

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